

Safety in the Home

- **DO** lock all doors & windows (*including interior garage door.*)
- **DO** keep all entrances well lit & free of overgrown shrubs.
- **DON'T** leave garage door open while putting away items from the car.
- **DO** keep lights on while you are away & have a trusted neighbor take in the mail & door flyers
- **DO** invest in a security system (*especially if you live alone*).
- **DON'T** answer your door late at night.
- **DON'T** advertise the fact to workers/solicitors that you live alone.
- **DON'T** use your name on the home recorder & preferably have a male record the message.
- **DO** have an escape plan!

Safety in Parking Lots

- **DO** lock your car door immediately once inside.
- **DON'T** leave car unlocked even if it is for a brief moment.
- **DO** keep your head up and eyes open while walking to your car.
- **DON'T** forget where you have parked!
- **DO** have keys ready while approaching the car.
- **DON'T** be distracted by rummaging through a purse or talking on a cell phone. Be Alert!
- **DO** park in a well lit area and close to an entrance.
- **DO** walk with a friend or co-worker if possible; if late at night, have a security guard accompany you.
- **DO** turn around and look if someone is walking behind you.
- **DO** have an escape plan!

Safety in General

- **DO** keep your gas tank full (or partially full) to avoid getting gas in unknown areas or late at night.
- **DO** let family members, friends or co-workers know your day or evening plans.
- **DON'T** leave your garage door opener or house keys in the car while being serviced.
- **DO** change your routine if you are a runner; avoid isolated areas if possible.
- **DON'T** use the stairwell in a parking structure – use the elevator.
- **DON'T** keep valuables, large sums of money or pertinent information in a purse or wallet – keep these items at home.
- **DON'T** fight for your purse – throw it away and run to safety.
- **DO** look everyone in the eye that you pass. Be Alert!
- **DO** have an escape plan!