

# **A Message from the Master Instructor:**

A Black Belt is a leader. Always be ready for self-examination. Not brooding over oneself idly but examine the effects and results you are producing in your life and the lives of others. This is your legacy.

Stay humble, guided by Spirit. There are no mistakes, only road signs. Here, in the highest place, everything that is personal, related to ego, is excluded.

Be a Sage that exists free from the world yet in it as well. This is the razors edge. Liberated from ego, contemplate the Laws of Life. Realize that knowing how to be free from blame is the highest good.

Take full responsibility for your life. It is all your fault.

Now move on.

**You are now. I am**

**All one, alone.**