

## **A Message from the Master Instructor:**

All beings have need of nourishment from above. Without rain our species would suffer a dramatic decrease in size. We cannot force the rain. We must wait, be patient and persevere keeping our greater vision of life and self in our daily routines. Strength in the face of danger does not plunge ahead, yet bides its time. Do not complain or whine, focus. The quiet lion is the hungry lion.

Life dwells in testing and challenge. It is up to us not to take risks needlessly, but to manage risk to further our life's projected outcomes. It is only when we have the courage to face things exactly as they are that a light will develop out of events beyond our control. This light must be followed with resolute action. Only the man prepared to deal with his fate resolutely, is equipped to deal with it adequately. Therefore stabilize your bearing with peace. When faced with challenge look for a way, not a way out. Adversity breaks some men, while others use it to break records.