

When I first open my eyes upon the morning meadows and look out upon the beautiful world, I thank God I am alive.

-Ralph Waldo Emerson

Rest. Rest. Rest in God's love. The only work you are required now to do is to give your most intense attention to His still, small voice within.

-Madame Jeanne Guyon

The only way on earth to multiply happiness is to divide it.

-Paul Scherer

It is my own firm belief that the strength of the soul grows in proportion as you subdue the flesh.

-Mahatma Gandhi, 1924

The Prophet said that God has said,
"I cannot be contained in hallowed places.
Heaven and earth cannot hold Me.
But I am contained by true hearts.
If you seek Me, search in those hearts."

-Rumi, "Mathnawi"

Get rich quick! Count your blessings!

Before you speak, ask yourself, is it kind, is it necessary, is it true, does it improve on the silence?

-Sai Baba

A man was lying sick. His friends asked him: "What would you most desire?" The sick man answered, "My greatest desire is to desire something."

-Sadi: Gulistan 3

Lady Luck generally woos those who earnestly, enthusiastically, unremittingly woo her.

-B.C. Forbes

My mind is a garden. My thoughts are the seeds. My harvest will be either flower or weeds.

-Mel Weldon Submitted By Mmellow

Hope begins in the dark, the stubborn hope that if you just show up and try to do the right thing, the dawn will come. You wait and watch and work: You don't give up.
-Anne Lamott

You are unique. Just like everyone else.

Life's most urgent question is: what are you doing for others?

-Martin Luther King Jr

If we do not try, we will not know.

-Ayya Khema, *Be An Island*

If you can't get a compliment any other way you pay yourself one.

-Mark Twain

Love truth, but pardon error.

-Voltaire

The best way to predict your future is to create it.

-Unknown

Never stand begging for that which you have the power to earn.

-Miguel De Cervantes

Men stumble over pebbles, never over mountains.

-Emilie Cady

On no account brood over your wrongdoing. Rolling in the muck is not the best way of getting clean.

-Aldous Huxley

To look at something as though we had never seen it before requires great courage.

-Henri Matisse

There comes a point in your life when you realize:

who matters,
who never did,
who won't anymore...
and who always will.

So, don't worry about people from your past,
there's a reason why they didn't make it to your future.

'Be kinder than necessary
because everyone you meet is fighting
some kind of battle.

Jerry Dibble Sr.

I am a great believer in luck. The harder I work the more of it I seem to have.

-Coleman Cox

If you want to sit with God, sit with saints. If you do not consort with saints, you will be lost; you will be separated from the whole.

-Rumi, "Mathnawi"

I live with the understanding that truth is bigger than any religion and the world is God's and everything in it...

-Rob Bell

I don't know whether I like it very much...being seen around with an angel without any wings.

-Jimmy

Father, into thy hands I commit my spirit!

-Luke 23:46 (Revised Standard Version)

Vitality shows in not only the ability to persist but the ability to start over.

-F. Scott Fitzgerald

Three grand essentials to happiness in this life are something to do, something to love, and something to hope for.

-Jose Addison

If you don't have the time to do something right, where are you going to find the time to fix it?

-Stephen King Submitted By Ivyb2000

You cannot do a kindness too soon, for you never know how soon it will be too late.

-Ralph Waldo Emerson

Don't regret growing older. It is a privilege denied to many.

-Unknown

Trust the past to God's mercy, the present to God's love, and the future to God's providence.

-St. Augustine of Hippo

Conditions are never just right. People who delay action until all factors are favorable are the kind who do nothing.

-William Feather

The right time to show your good character is when you are pestered by somebody weaker than you.

-Buddha

Patience is virtue with children, elderly folk, horses, and easily broken, costly electronic items – otherwise, in the land of the entrepreneur, it is vice; it is sense of urgency that is virtue. The majority operate on 'tomorrow if not today' and the majority are poor. Not coincidence. FOCUSING RELENTLESSLY on identifying, keeping, doing, nurturing, rewarding the 5% of everything, and on identifying and ruthlessly ridding yourself of the 95% of everything, there's THE game worth playing well.

Winners have simply formed the habit of doing things losers don't like to do.

-Albert Gray

To err is human; to refrain from laughing, humane.

-Lane Olinghouse

Rest. Rest. Rest in God's love. The only work you are required now to do is to give your most intense attention to His still, small voice within.

-Madame Jeanne Guyon

Don't cut your conscience to fit this year's fashions.

-Lillian Hellman

Optimism is essential to achievement and it is also the foundation of courage and of true progress.

-Nicholas Murray Butler

Humility is the strength of the strong and the weapon
With which the wise conquer their foes.

-Tirukkural 99: 985

A candle loses nothing by lighting another candle.

-Erin Majors

The most secure place to hide a treasure of gold is in some desolate, unnoticed place. Why would anyone hide treasure in plain sight? And so it is said, "Joy is hidden beneath sorrow."

- Rumi, "Mathnawi" [III, 1133-1134]

I gave my life to be the person I am. Was it worth it?

-Richard Bach Submitted By Judy Garden

It's not how much you have that makes people look up to you, it's who you are.

-Elvis Presley

Ignorance is the failure to discriminate between the permanent and the impermanent, the pure and the impure, bliss and suffering, the Self and the non-Self.

-The Yoga Sutras of Patanjali, 2:5

An attitude of gratitude creates blessings.

-Sir John Templeton

And which of you by being anxious can add a cubit to his span of life? If then you are not able to do as small a thing as that, why are you anxious about the rest?

-Luke 12:25-26

Be loyal to what you love, be true to the earth, fight your enemies with passion and laughter.

-Edward Abbey

Blessed are the ones who rely on Allah and have surrendered themselves before His will, who are grateful in prosperity and patient in adversity.

-The Prophet Muhammad (SAW), as reported by Shu'aib bin Se'nam

Blessed are the pure in heart, for they shall see God.
-Matthew 5:8 (Revised Standard Version)

You cannot prevent the birds of sorrow from flying over your head, but you can prevent them from building nests in your hair.

-Chinese Proverb

Just as a cow with a young calf keeps an eye on it even when it is eating the grass, so it's proper for a person to keep an eye on all that can be done for others who are following the path.

-Majjhima Nikaya

Don't be discriminatory, don't keep a grasping and rejecting attitude. For this reason it is said, "Truth has no comparison, because it is not relative to anything."

-Hui-chung

Beware the barrenness of a busy life.

-Socrates

May your neighbours respect you, trouble neglect you, the angels protect you, and heaven accept you.

-Irish saying

The greatest happiness of life is the conviction that we are loved - loved for ourselves, or rather, loved in spite of ourselves.

-Victor Hugo

The more a man knows, the more he forgives.

-Confucius

That which God said to the rose,
and caused it to laugh in full-blown beauty,
He said to my heart,
and made it a hundred times more beautiful.

-Mathnawi [III, 4129]

Prayer is reaching out after the unseen; fasting is letting go of all that is seen and temporal.
Fasting helps express, deepen, confirm the resolution that we are ready to sacrifice anything, even ourselves to attain what we seek for the kingdom of God.
-Andrew Murray

Maturity is the ability to do a job whether or not you are supervised, to carry money without spending it, and to bear an injustice without wanting to get even.

-Ann Landers

Big shots are only little shots who keep shooting.

-Christopher Morley

The first who will be summoned to paradise are those who have praised God in every circumstance.

-Traditional Islamic Saying

If you have made mistakes, even serious ones, there is always another chance for you.
What we call failure is not the falling down, but the staying down.

-Mary Pickford

A true Muslim is the one who does not defame or abuse others; but the truly righteous becomes a refuge for humankind, their lives and their properties.

-The Prophet Muhammad (SAW), as narrated by Abd'Allah bin Amr

To everyone of us there must come a time when the whole universe will be found to have been a dream, when we find the soul is infinitely better than the surroundings. It is only a question of time, and time is nothing in the infinite.

-Sai Baba

Give thanks for a little and you will find a lot.

-The Hausa Of Nigeria

When everything is clean-clear in your own mind,
nobody can create obstacles for you.

-Lama Thubten Yeshe, "The Bliss of Inner Fire"

Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.

-Martin Luther King, Jr.

Show me a guy who's afraid to look bad, and I'll show you a guy you can beat every time.

-Lou Brock

Never miss a chance to keep your mouth shut.

-Robert Newton Peck

We act as though comfort and luxury were the chief requirements of life, when all that we need to make us really happy is something to be enthusiastic about.

-Charles Kingsley

There is no sweet companion like pure charity.

-Fo-Sho-Hing-Tsan-King

We ask ourselves, "Who am I to be brilliant, gorgeous, talented and fabulous?" Actually, who are you not to be? You are a child of God.

-Marianne Williamson

Life is like a ten-speed bike. Most of us have gears we never use.

-Charles M. Schultz

The pursuit of truth and beauty is a sphere of activity in which we are permitted to remain children all our lives.

-Albert Einstein

Be your own hero, it's cheaper than a movie ticket.

-Doug Horton

The strong man is not the good wrestler; the strong man is only the one who controls himself when he is angry.

-Prophet Muhammad, from Sayings of Muhammad by Prof. Ghazi Ahmad

Friendship that insists upon agreement on all matters is not worth the name. Friendship to be real must ever sustain the weight of honest differences, however sharp they be.

-Mahatma Gandhi

Learn to humble yourself, you are but earth and clay.
-Thomas à Kempis

Better keep yourself clean and bright; you are the window through which you must see the world.

-George Bernard Shaw

Compassion and justice are companions, not choices.
-William Sloane Coffin

No love, no friendship can cross the path of our destiny without leaving some mark on it forever.

-Francois Muriac

Never fear shadows. They simply mean there's a light shining somewhere nearby.

-Ruth E. Renkel

Challenge is a dragon with a gift in its mouth... Tame the dragon and the gift is yours.

-Noela Evans

"How does one become a butterfly? You must want to fly so much that you are willing to give up being a caterpillar."

-Trina Paulus

If you are truly humble, you will always be ready to seek (and accept!) help from others.
-J.C. Blumhardt

The foolish man seeks happiness in the distance; the wise grows it under his feet.

-James Oppenheim

If you want to be happy for a year, plant a garden; If you want to be happy for life, plant a tree.

-English Proverb

There are four bases of sympathy: charity, kind speech, doing a good turn, and treating all alike.

-Buddha

Nearly all men can stand adversity, but if you want to test a man's character, give him power.

-Abraham Lincoln

A humble person is more likely to be self-confident...a person with real humility knows how much they are loved.

-Cornelius Plantinga, Jr.

Even as a great rock is not shaken by the wind, the wise man is not shaken by praise or blame.

-Buddha

I like nonsense; it wakes up the brain cells.

-Dr. Seuss

True patriotism hates injustice in its own land more than anywhere else.

-Clarence Darrow

To be nobody but yourself, in a world which is doing its best, night and day, to make you everybody else means to fight the hardest battle that any human being can fight--and never stop fighting.

-E.E. Cummings Submitted By Alimac

There have always been, and there will always be, men of God.

-Kharaqani in *Attar: Tadhkirat*

Live in such a way that those who know you but don't know God will come to know God because they know you.

-Unknown

If you want to lift yourself up, lift up someone else.

-Booker T. Washington

Always be nice to people on the way up; because you'll meet the same people on the way down.

-Wilson Mizner

The fishermen know that the sea is dangerous and the storm terrible, but they have never found these dangers sufficient reasons for remaining ashore.

-Vincent Van Gogh

Don't wait for your ship to come in. Row out to meet it.

Never confuse a single defeat with a final defeat.

-F. Scott Fitzgerald

The body will be turned by the power of the spiritual consciousness into a true and fit and perfectly responsive instrument of the Spirit.

-Sri Aurobindo

Take to compassion and abstain from oppression and obscenity. Compassion is grace and the lack of it a disgrace.

-The Prophet Muhammad (SAW), as reported by Aisha bint Abu Bakr

I sometimes wonder whether all pleasures are not substitutes for joy.

-C.S. Lewis

You have to have Soul. But if you don't have Soul, Halibut will do.

-The Muppets

Worry is as useless as a handle on a snowball.

-Mitzi Chandler

Adversity is another way to measure the greatness of individuals. I never had a crisis that didn't make me stronger.

-Lou Holtz

We either make ourselves happy or miserable. The amount of work is the same.

-Carlos Castaneda

If a man inflicts sorrow on another in the morning,
Sorrow will come to him unbidden in the afternoon.

-Tirukkural 32:319

Never mistake knowledge for wisdom. One helps you make a living, the other helps you make a life.

-Sandra Carey

You can easily judge the character of a man by how he treats those who can do nothing for him.

-James D. Miles

There are no more hours in a bad day than in a good one!

-Unknown

Miracles sometimes occur, but one has to work terribly hard for them.

-Chaim Weizmann

Yesterday is not ours to recover, but tomorrow is ours to win or to lose.

-Lyndon B. Johnson

Don't spend time beating on a wall, hoping to transform it into a door.

-Dr. Laura Schlessinger

It is my own firm belief that the strength of the soul grows in proportion as you subdue the flesh.

-Mahatma Gandhi, 1924

What do we live for if not to make life less difficult for each other?

-George Eliot

When the wind blows hard on a tree, the roots stretch and grow the stronger. Let it be so with us. Let us not be weaklings, yielding to every wind that blows, but strong in spirit to resist.

-Amy Carmichael

Win as if you were used to it, lose as if you enjoyed it for a change.

-Erick Golnik

Friendship takes many years to establish; so do not fall out with a friend over a single disagreement.

-Sadi, "Gulistan"

The supreme happiness of life is the conviction of being loved for yourself, or, more correctly, being loved in spite of yourself.

-Victor Hugo

Catch on fire and people will come for miles to see you burn.

-John Wesley

Secrets of Success

There are several key lessons to learn that are necessary for success, whether that be in business or your personal life. Here are some of the most important keys:

1. Be trustworthy! Whether you are dealing with clients, family members or friends, it is absolutely imperative that they know you can be trusted. You can establish this trust by being completely open and honest in all of your dealings (this includes being willing to admit your mistakes), exhibiting competence in your actions, and showing concern for others and their needs. Always follow through. If you make a commitment, keep it. If you cannot keep it, responsibly communicate and make other arrangements BEFORE the other person has to ask you about it.
2. Listen, listen, listen! Focus on the other person rather than always doing the talking. Not only does this help build a relationship with them, but you can also glean information that may be important to you in other areas.
3. Be persistent – but not obnoxious! Don't give up too soon on the person, however be sensitive to when your persistence is causing them to view you as desperate.
4. Focus on the person, not your product. This might sound counter-productive when your end-goal is to sell your product. When you establish a relationship with the person first though, they will turn to you over and over rather than just buying once.
5. Be prepared! Spend time researching and planning. This builds confidence in you and your ability.

The successful person is the one who is constantly educating and evaluating themselves and how they relate to others. Success means nothing without true, trusted, personal relationships!

The person who says it cannot be done should not interrupt the person who is doing it.

- Chinese proverb

If you do not cut the noose of your karma while living, what hope is there of liberation when you are dead? It is a hopeless dream to think that union will come after the soul leaves the body.

- Kabir

Every time we open our mouths, men look into our minds.

If a disciple abandons observance of courtesy, he will backslide to where he first came from.

- *Dhu'l-Hun Al-Misri in "Qushayri: al-Risalat"*

Faith also has to be connected with how you treat your fellow human beings.

- *Catherine Hicks*

To be loved, be lovable.

- *Ovid*

In prosperity, our friends know us; in adversity, we know our friends.

- *John Churton Collins*

Every perfect life is a parable invented by God.

- *Simone Weil*

Whatever you do or dream you can do— begin it. Boldness has genius and power and magic in it.

- *Johann Goethe*

Education is when you read the fine print. Experience is what you get if you don't.

- *Pete Seeger*

Heroism consists in hanging on one minute longer.

- *Norwegian proverb*

Liberation is only being rid of the idea that there is anyone who needs liberation.

- *Ramesh Balsekar*

Climb up on some hill at sunrise. Everybody needs perspective once in a while, and you'll find it there.

- *Robb Sagendorph*

When you get to the end of your rope, tie a knot and hang on.

- *Franklin D. Roosevelt*

Love alone will abide thee.

- Tamil proverb

There are years that ask questions, and years that answer.

- Zora Neale Hurston

Some pursue happiness, others create it wherever they are.

Kind words are the music of the world. They have a power which seems to be beyond natural causes, as if they were some angel's song which had lost its way and come to earth.

- Frederick William Faber

God's work done in God's way will never lack God's supplies.

- Hudson Taylor

Do what you can, with what you have, where you are.

- Theodore Roosevelt

When you encounter difficulties and contradictions, do not try to break them, but bend them with gentleness and time.

- St. Francis de Sales

Pleasure in the job puts perfection in the work.

- Aristotle

It is better to see God in everything than to try and figure it out.

- Neem Karoli Baba

Right is right, even if everyone is against it; and wrong is wrong, even if everyone is for it.

- William Penn

You miss 100 percent of all the shots you never take.

- Wayne Gretzky

The giant oak is an acorn that held its ground.

Do all the good you can, in all the ways you can, as long as ever you can.

- John Wesley

If I have learned one thing in this life, it is that God will not tie my shoes without me.

- *Doug Boyd*

There is a crack in everything. That's how the light gets in.

- *Leonard Cohen*

Create the kind of self you will be happy to live with all your life.

- *Foster C. McClellan*

Yearn to understand first and to be understood second.

- *Beca Lewis Allen*

If you are losing a tug-of-war with a tiger, give him the rope before he gets to your arm. You can always buy a new rope.

- *Max Gunther*

Imagination was given to us to compensate for what we are not; a sense of humor was given to us to console us for what we are.

- *Mark McGinnis*

Speak when you're angry, and you'll make the best speech you'll ever regret.

- *Lawrence J. Peter*

Life was a lot simpler when what we honored was father and mother rather than all major credit cards.

- *Robert Orben (submitted by Jillin2001)*

In the long run men hit only what they aim at. Therefore, though they should fail immediately, they had better aim at something high.

- *Henry David Thoreau*

Gratitude for the abundance you have received is the best insurance that the abundance will continue.

- *Prophet Muhammad*

When it is dark enough, you can see the stars.

- *Charles A. Beard*

Whoever can see through all fear will always be safe.

- *Tao Te Ching*

Truth is no theory, no speculative system of philosophy, no intellectual insight. Truth is exact correspondence with reality. For man, truth is the unshakeable knowledge of his real nature, the Self.

- *Paramhansa Yogananda*

Nothing lowers the level on conversation more than raising the voice.

- *Stanley Horowitz*

Am I not destroying my enemies when I make friends of them?

- *Abraham Lincoln*

When Moses conversed with God, he asked, "Lord, where shall I seek You?" God answered, "Among the brokenhearted." Moses continued, "But, Lord, no heart could be more despairing than mine." And God replied, "Then I am where you are."

- *Abu'l-Fayd al-Misri, "The Kashf al-Mahjub"*

Liberation is only being rid of the idea that there is anyone who needs liberation.

- *Ramesh Balsekar*

No pessimist ever discovered the secret of the stars or sailed to an uncharted land or opened a new heaven to the human spirit.

- *Helen Keller*

Going to church doesn't make you a Christian any more than going to the garage makes you a car.

- *Laurence J. Peter*

Envy someone and it pulls you down. Admire them and it builds you up. Which makes more sense?

- *Elvis Presley*

However prosperous it may seem, all wealth gained By loss of rightness must be relinquished that very day.

- *Tirukkural 113*

When I despair, I remember that all through history the way of truth and love has always won. There have been tyrants, and murderers, and for a time they can seem invincible, but in the end they always fall, always.

- *Mahatma Gandhi*

The miracle is this--the more we share, the more we have.

- *Leonard Nimoy*

When I hear somebody sigh, 'Life is hard,' I am always tempted to ask, 'Compared to what?'

- *Sydney J. Harris*

Learn as if you were going to live forever. Live as if you were going to die tomorrow.

- *Mahatma Gandhi*

Don't let go of the vine.

- *Johnny Weissmuller, film's Tarzan*

And the day came when the risk it took to remain tight inside the bud was more painful than the risk it took to blossom.

- *Anais Nin*

What lies behind us and what lies before us are tiny matters compared to what lies within us.

- *Ralph Waldo Emerson*

Here is a test to find whether your mission on earth is finished: If you're alive, it isn't.

- *Richard Bach*

Non-violence is the greatest force at the disposal of mankind. It is mightier than the mightiest weapon of destruction devised by the ingenuity of man.

- *Mahatma Gandhi*

Hope is like a road in the country; there wasn't ever a road, but when many people walk on it, the road comes into existence.

- *Lin Yutang*

I'd rather be able to face myself in the bathroom mirror than be rich and famous.

- *Ani DiFranco*

Inches make champions.

- *Vince Lombardi*

The most upright among you are those who carry themselves with the finest conduct.

- *The Prophet Muhammad (SAW), as reported by Abd'Allah bin Amr*

One day, in retrospect, the years of struggle will strike you as the most beautiful.

- *Sigmund Freud*

Every problem has in it the seeds of its own solution. If you don't have any problems, you don't get any seeds.

- *Norman Vincent Peale*

In meditation, don't expect anything. Just sit back and see what happens. Treat the whole thing as an experiment. Take an active interest in the test itself, but don't get distracted by your expectations about the results. For that matter, don't be anxious for any result whatsoever.

- *Bhante Henepola Gunaratana, "Mindfulness in Plain English"*

Eating well gives a spectacular joy to life and contributes immensely to goodwill...

- *Elsa Schiaparelli*

The master's way is unfettered And free of guile. He shines. But for the fool There is no peace. His thoughts are full of desire.

- *Ashtavakra Gita 18:52*

You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you.

- *Dale Carnegie*

You will not be able to give anyone happiness by means of your wealth, so do it by means of a cheerful countenance and good humor.

- *The Prophet Muhammad in Qushayri: al-Risalat al-Qushayriyya*

In the midst of movement and chaos, keep stillness inside of you.

- *Deepak Chopra*

Gratitude for the abundance you have received is the best insurance that the abundance will continue.

- *Prophet Muhammad*

Change your thoughts, and you change your world.

- *Norman Vincent Peale*

Everything works out in the end. If it hasn't worked out, it's not the end.

- *Unknown*

Enthusiasm is a volcano on whose top never grows the grass of hesitation.

- *Kahlil Gibran*

True faith does not contradict its words by its conduct.

- *Unknown*

Be bold and mighty forces will come to your aid.

- *Basil King*

You can safely assume you've created God in your own image when it turns out he hates all the same people you do.

- *Anne Lamott*

Our strength is often composed of the weakness that we're damned if we are going to show.

- *Mignon McLaughlin*

Life can only be understood backwards, but must be lived forwards.

- *Soren Kierkegaard*

I love the recklessness of faith. First you leap, and then you grow wings.

- *William Sloane Coffin*

There exists something that cannot be described.

- *Maharamayana*

You are not stuck where you are unless you decide to be.

- *Dr. Wayne Dyer*

Guarded in speech, Well-restrained in body & mind, Do nothing unskillful. Purify These three courses of action. Bring to fruition The path that seers have proclaimed.

- *Dhammapada, 20, translated by Thanissaro Bhikkhu.*

Don't measure a man's success by how high he climbs but how high he bounces when he hits bottom.

- *General George S. Patton*

Make it a rule, and pray to God to help you to keep it, never, if possible, to lie down at night without being able to say: "I have made one human being at least a little wiser, or a little happier, or at least a little better this day." - *Charles Kingsley*

Living well and beautifully and justly are all one thing.

- *Socrates*

Those who do not know how to weep with their whole heart don't know how to laugh either.

- *Golda Meir*

To pray is to change.

- *Richard Foster*

First a person should put his house together, then his town, then the world.

- *Rabbi Israel Salanter*

I have found that there are three stages in every great work of God: first, it is impossible, then it is difficult, then it is done.

- *Hudson Taylor*

Not killing is the first and foremost good. The virtue of not lying comes next.

- *Tirukkural 323*

A champion is someone who gets up, even when he can't.

- *Jack Dempsey*

It is a funny thing about life: If you refuse to accept anything but the best you very often get it.

- *Somerset Maugham*

If a man is unkind and speaks cruelly, his vast wealth will not last long before perishing. Harsh language and overly severe punishment, like a keen file, grind down a king's conquering powers. A king's wealth wanes when, without thoughtful involvement, he lets ministers work, then furiously faults their efforts.

- *Tirukkural 57: 566-568*

Don't associate with bad friends. Don't associate with the low. Associate with admirable friends. Associate with the best.

- *Dhammapada 78, translated by Thanissaro Bhikkhu*

The foolish man seeks happiness in the distance; the wise grows it under his feet.

- *James Oppenheim*

Too many people spend money they haven't earned to buy things they don't want, to impress people they don't like.

- *Will Rogers*

Money is a very excellent servant, but a terrible master.

- *P.T. Barnum*

The ocean is the same ocean as it has been of old; The events of today are its waves and its rivers.

- *Sayyid Haydar Amuli (14th century)*

Zen is not thought, the path has no achievement; yet if not thought it is not Zen, and without achievement, it is not the path. At this point, where do you arrive? When you have cut through your conceptual faculty, how do you discriminate? When you do not fall into consciousness, how do you approach? As soon as you get into the clusters and elements, you're already a lifetime away.

- *Huai-tang*

Fall seven times, stand up eight.

- *Japanese proverb*

The human race has one effective weapon--and that is laughter.

- *Mark Twain*

Faith is not a thing which one "loses," we merely cease to shape our lives by it.

- *Georges Bernanos*

Good and evil do not befall men without reason. Heaven sends them happiness or misery according to their conduct.

- *Confucius*

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.

- *Albert Einstein*

Apparently there is nothing that cannot happen today.

- *Mark Twain*

Prayer is not an old woman's idle amusement. Properly understood and applied, it is the most potent instrument of action.

- *Mahatma Gandhi*

Patience and perseverance have a magical effect before which difficulties disappear and obstacles vanish.

- *John Quincy Adams*

On the spiritual path no one has higher or lower status than anyone else.

- *Nizam al-Din, Fawaid al-Fuad*

If I won't be myself, who will?

- *Alfred Hitchcock*

Experience is not what happens to a man. It is what a man does with what happens to him.

- *Aldous Huxley*

Self-discipline is when your conscience tells you to do something and you don't talk back.

- *W.K. Hope*

Great Spirit, help me never to judge another until I have walked in his moccasins.

- *Sioux Indian prayer*

Do not talk ill of the dead, for they have reached the final destination to receive what they sent before them.

- *The Prophet Muhammad, as reported by A'ishah bint Abi Bakr*

Irrigators guide the water. Fletchers shape the arrow shaft. Carpenters shape the wood. The wise control themselves.

- *Dhammapada, 6, translated by Thanissaro Bhikkhu*

Happiness depends on happenings. Joy is unaffected by circumstance.

Jerry Dibble

Circumstances—what are circumstances? I *make* circumstances.

- *Napoleon Bonaparte*

Life is what we make it. Always has been, always will be.

- *Grandma Moses*

Think of all the beauty still left around you and be happy.

- *Anne Frank*

Do not treat people with contempt, nor walk insolently on the earth. Allah does not love the arrogant or the self-conceited boaster. Be modest in your bearing and subdue your voice, for the most unpleasant of voices is the braying of the ass.

- *Luqman 31:18-19*

The truth indeed has never been preached by the Buddha, seeing that one has to realize it within oneself.

- *Lankara Sutra*

God governs in the affairs of men. And if a sparrow cannot fall to the ground without His notice, is it probable that an empire can rise without His aid?

- *Benjamin Franklin*

I know that I'm never as good or bad as any single performance.

- *Charles Barkley*

The real test comes when you lose.

- *Dick Vermeil*

If you are doing your best, you will not have time to worry about failure.

- *Robert Hillyer*

The ultimate way is without difficulty; those who seek it make their own hardship. The true mind is originally pure; those who exercise it make their own defilement.

- *Hui-kung*

Grant that I may not pray alone with the mouth; help me that I may pray from the depths of my heart.

- *Martin Luther*

Beware the barrenness of a busy life.

- *Socrates*

Fortune and love befriend the bold.

- *Ovid*

Illness is not cured by saying the word "medicine," but by taking medicine. Enlightenment is not achieved by repeating the word "God" but by directly experiencing God.

- *Sankara*

To admit you were wrong is to declare you are wiser now than before.

- *Unknown*

Either make the tree good, and its fruit good; or make the tree bad, and its fruit bad; for the tree is known by its fruit.

- *Matthew 12:33 (Revised Standard Version)*

We do not see things as they are. We see things as we are.

- *The Talmud*

A champion is someone who gets up, even when he can't.

- *Jack Dempsey*

The intense desire for God-realization is itself the way to it.

- *Sri Anadamayi MM*

When people talk, listen completely. Most people never listen.

- *Ernest Hemingway*

Whether you and I and a few others will renew the world some day remains to be seen. But within ourselves we must renew it each day.

- *Herman Hesse*

The only wisdom we can hope to acquire is the wisdom of humility.

- *T.S. Eliot*

Do not brood over your past mistakes and failures, as this will only fill your mind with grief, regret, and depression. Do not repeat them in the future.

- *Swami Sivananda*

Kites rise highest against the wind, not with it.

- *Winston Churchill*

To speak gratitude is courteous and pleasant, to enact gratitude is generous and noble, but to live gratitude is to touch Heaven.

- *Johannes A. Gaertner*

The strong man is not the good wrestler; the strong man is only the one who controls himself when he is angry.

- *Prophet Muhammad, from Sayings of Muhammad by Prof. Ghazi Ahmad*

It was never what I wanted to buy that held my heart's hope. It was what I wanted to be.

- *Lois McMaster Bujold*

Courtesy is the one coin you can never have too much of or be stingy with.

- *John Wanamaker*

Let us so live that when we come to die, even the undertaker will be sorry.

- *Mark Twain*

More people would learn from their mistakes if they weren't so busy denying them.

- *Harold J. Smith*

I found out...that my personal joy is not somebody else's responsibility. It's my responsibility.

- *Joyce Meyer*

All we have to decide is what to do with the time we are given.

- *Gandalf to Frodo,*

Prayer is the spirit speaking truth to Truth.

- *Philip James Bailey*

Whoever can see through all fear will always be safe.

- *Tao Te Ching*

Love means to love that which is unlovable, or it is no virtue at all; forgiving means to pardon that which is unpardonable, or it is no virtue at all.

- *G.K. Chesterton*

The pursuit of truth and beauty is a sphere of activity in which we are permitted to remain children all our lives.

- *Albert Einstein*

Good habits are as easy to form as bad ones.

- *Tim McCarver*

We must not give only what we have; we must give what we are.

- *Cardinal Mercia*

Build up your weaknesses until they become your strong points.

- *Knute Rockne*

Love is all important and its own reward.

- *Tamil proverb*

“Remember:

*If you are in doubt of the state of grace within
which you exist,*

*Take a deep breath and as you exhale
experience gratitude for the gift of life you
have just embraced.*

Your every breath is a miracle and so are you!”

Chief Instructor Dibble